

## We asked the question - How do you support the Rights and Choices of the people you support?

CLS staff are always on top of choices, asking supported individuals what they want to do each day - providing opportunities. The dignity to have choices (**this their home not our home**). The ladies will communicate with Laura about what happened, what they didn't like, if they were not given choices, were directed to do what they didn't want to do, or they were not **asked for their permission**. For example, staff that are vegan or vegetarian will cook meat that they do not eat because the ladies do - this is **respectful care**.

Holidays are big for the ladies but some staff may not celebrate, however, they will plan, decorate, partake for the ladies - i.e. facilitate the party.

The ladies will refer to the individual's resource binder - it is kept out all of the time, they ask questions about it, and the Coordinator will delegate new information to staff to review with the ladies as it comes available.

### Choice

Lesley for example has the option to go to 4 different events on a Thursday evening that are pre-planned; she can change it up and also do any of the other options or choose to do something new or different. To ensure she understands the outcomes of her choices we give options i.e. dancing Thursday and how about mom Monday and then you can do both. **We work together to plan a full life.**

The ladies do online income taxes, this way I can ask questions and the ladies give the answers (what is your name, what is your birthdate etc.) and I fill it in. They sit beside me and I tell the ladies how much money is coming back or the results, then I will ask permission "can I send to the government now?"

Both ladies carry and use their own house keys, they also carry their own purse with ID at all times.

Lorraine completed a puzzle with staff, she then mod-podged and proudly framed it! She was very specific that she wanted a "good quality frame from Michaels not the dollar store!"



Above is Lorraine with her puzzle picture



Above is Lesley in her Adopt a Street gear

Q - Do you ensure informed consent?

We sit down talk about the banking, or inform the ladies why they are signing something.

Yearly consent forms are reviewed, we ask the ladies what they understand, what the form(s) mean prior to signing anything. Sometimes the forms are completed with parents as needed, and the individual signs.

One lady does her banking online with her own laptop, staff help her to pay her bills, do financial planning, she looks at her money online often (which she really enjoys).

We talk about planning and saving of money to go on a vacation, go out for dinner, etc. We talk about decisions being made i.e. not going out all the time because she is choosing to save money so she can do the things she wants to do, like go on a trip!

### Insight

At staff meetings, especially with the changing needs of the ladies as they are aging, we ensure that the home runs according to the ladies evolving needs. We are fortunate that both ladies are strong self-advocates.

At staff meetings we use *Conversations that Matter*, this sparks conversation between the staff teams and if it "hits a nerve", it gets us talking openly, and it helps us to see the big picture, and gets people to think about things from the ladies' perspective.

**As an adult no one tells me I can't go to Starbucks because I was upset that day, we constantly check ourselves, why are we saying yes or no. We remind ourselves that the ladies had to adapt, people learned to survive, learned ways to maneuver to get their needs met versus manipulate. We say, put the title back on yourself, are you seen that way or are you trying to get what you want or need? Recognize they are not doing it to you, they are communicating with you.**

Our staff teams work 1:1 so it might be easier to let things slide, no direct oversight per se, so it is imperative that we ask... "is this for me or is this for them?"

Laura Pedersen – Coordinator, Lorraine and Lesley's homes

# We Celebrate and Have Fun

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One of the first things that our CARF surveyors noticed about the CLS was the amazing amount of laughter, shared humor, and fun that everyone seemed to have wherever they went. This was from the moment they first met some of the team till the closing exit day. What a compliment!



by Roxanne Wiseman, Director of Quality and Innovation

rejoice in the successes of supported Individuals each moment. This joy is what fills everyone back up to continue to work towards an increased quality of life. When *we celebrate and have fun*, we are naturally happier, more satisfied, and the supported individuals and other team members can feel it too, it just makes for a better environment for all.



Easter Egg Contest at the Administration Centre

"Anything you enjoy, you're naturally going to do a better job with and give more of yourself to, so making your job something you look forward to, rather than simply a responsibility, is essential." *Laura Brounstein.*

We all know there are times when we have to "buckle-down" and get things done (in other words it's not all fun and games) However, there are many opportunities each day to derive enough enjoyment and satisfaction to enjoy what you do...share a laugh, smile, compliment, be appreciative, celebrate and have some fun!

From more formal annual events such as the Open House, Summer Picnic, and Employee Awards Gala, to the Children's Christmas Party, Christmas open houses, spring teas, birthdays, graduations, pancake breakfasts and those just-because events, the folks at CLS know how to have fun! Whether you find an Easter egg rolling down a hall, costumed individuals and staff dancing at a party, groups going out for a fun pub night and hockey game or a good old fashioned sing-a-long, people are having fun! – Anyone notice the team at BIC all in PLAID a few weeks ago?!

We encourage, cheer, celebrate and

The bottom line is that *we celebrate and have fun* because it feels good, we are proud, we support people, we support one another and the more connected and engaged we are with what we do the more fun we will have while doing it!

PS- check each edition of *The Communicator*, there is usually a little fun contest and a lot of celebrating going on!

We especially enjoy sharing all of your highlights and successes and fun events in *The Communicator*! Please be sure to send us your story so we can continue to celebrate all the great things that you do!

## E.D. Update



Ross Chilton, Executive Director

### Accreditation

As you will have heard by now we ended the month of February with a very positive site survey from our CARF accreditation team. The surveyors were very thoughtful and respectful and genuinely appreciated the work of the CLS. They also gave us some great suggestions based on their extensive experiences surveying other organizations. We encourage you to review the summary that has been posted on Sharevision and website.

I would like to thank all the individuals, families, employees, and Board members that participated in the survey. I would like to especially acknowledge the work of Roxanne Wiseman and Vicky Pascoe who helped orchestrate the process over the last many months. I would also like to recognize the hard work of Ahmad Shahlounezhad, Brenda Henderson, and Ginny Lord who went out to all the locations to ensure everyone felt prepared to demonstrate the great work we do.

At the CLS we believe that accreditation does help us to be a better provider. While it involves more documentation and paper work, it also supports best practices in

support, human resources, finance, and governance.

While it is tempting for organizations to let things slide a bit after a site survey it is important that we maintain and improve on our accomplishments. We emphasize things like individual planning because we know that when done and implemented well, it will lead to a better life for the individuals that we support. We don't do it just to meet an accreditation requirement. The same is true of our financial and human resource planning. Best practices in those areas help us to achieve our Mission.

### Strategic Planning

As part of our future planning, the CLS Board recently formed a board working group to coordinate strategic planning for the organization. This working group is chaired by Brian Salisbury who will be working with myself and other board members: Arlene Schouten, Jerry Laidlaw, and Susan Powell. Once a facilitator is selected the working group will determine what information will be used to inform planning (i.e. past strategic plans, the results of the employee engagement focus groups, quality of life data), who should be involved in the planning sessions, and when it will take place. The group will be working hard over the summer to do all the necessary preparations for a meaningful strategic planning process this fall.

### Wage increase

By now you will have noticed the one percent increase in your compensation. We are pleased to report that CLBC has fully funded this increase and indicated that government is committed to pro-

viding funding for future increases over the next four years. This provides stability and certainty for our employees and the CLS.

### Town Hall Sessions

Feedback received through the Employee Representative Committee (ERC) and the employee engagement focus groups indicates that CLS employees continue to appreciate the Town Hall sessions that are held every few months at the vocational centres. While some residential and individualized support employees have attended those sessions, there was also a sense that they would like to have an opportunity for Town Hall sessions at a time and manner that better fits with their work and personal schedules. The Employee Representative Committee has asked that we experiment with hosting Town Hall sessions by teleconference. This would give residential and individualized support employees the chance to call in and ask a question and get updates. We are hoping we can record these sessions and make them available on Sharevision for those employees who cannot participate live. These will be in addition to the in-person Town Hall sessions that will continue to take place in the vocational centres.

### Summer BBQ

If you haven't already done so we encourage you to put Saturday, July 4th in your calendar for the upcoming CLS Picnic. This year we will be holding the event in Lower Hume Park in New Westminster. This site offers plenty of accessible parking. There will be food and fun and we have our fingers crossed for better weather this year. See page 10 for further details.

**CLS Administration Centre**  
 7th Floor  
 713 Columbia Street,  
 New Westminster, BC,  
 V3M 1B2  
 Phone: 604.523.0303

## 'Tis better to have loved...

by Pamela Cambazio, Coordinator at Yukon

*"Tis better to have loved and lost than never to have loved at all." - Tennyson*

Notions of shared lives have been central to the vision of the community living movement from the outset. But sharing life at times includes sharing the end-of-life, which means experiencing the illness and death of those we care about.

When Gail died, we held a wake at Yukon House, where she had lived for over 16 years. Her housemates at Yukon, staff and some former staff gathered to eat, drink and remember her. As each person spoke, we learned about the different relationship that each of us had with Gail. One of the most poignant moments came when Patty, who lives at Yukon, said that if the staff had taken better care of Gail then maybe she wouldn't have died. As the third anniversary of Gail's death approaches I have been reflecting on her illness and death. I have often wondered if I communicated with Gail about her illness and prognosis in a way that was most helpful to her. And, did I support her housemates, and the staff, to anticipate and grieve her death so that they could express their fears and sadness? When I am thinking about and questioning how I am supporting the residents at Yukon, my pattern is to spend some time reviewing the choices I made, read what others say about the topic, and then call someone in the CLS community who has more experience than I do.



Pam and Gail at Yukon

I recently met with Trudy, a longtime CLS staff member and now Coordinator at Keith Road 1. Trudy has supported folks in the loss of their housemates and loss of family members, and she told me the story of Drew's illness and death. She had been supporting Drew for more than twenty-five years, and although his health was always a concern, it was a shock for the whole household when he died. When Drew went into hospital suddenly it seemed serious, so Trudy accompanied his housemates Jack and Don to visit him daily. Only a few days later Drew died and Trudy gathered Jack and Don to tell them "Drew passed away." Don responded, "Drew is dead." "Yes," Trudy confirmed, "Drew is dead." By supporting the individuals to visit their friend who was dying, and then by speaking directly to them about his death, Trudy provides

such a good example of how to help the people we support prepare for and understand death. It is also a good example of how concrete language often works better than euphemisms, which is what Don showed Trudy when he re-phrased her use of "passed away" to "dead." Trudy attributes many of her sensibilities about providing support, particularly during times of loss, to her background as an assistant with L'Arche.

L'Arche, founded in 1969 by Jean Vanier, is a faith-based organization that provides supports to people with developmental disabilities. L'Arche resources (1) about supporting people at end-of-life and during times of bereavement outline the importance of including people with developmental disabilities in conversations about illness, death and dying. In these materials, and in other research, the authors note that historically the tendency of caregivers has been to "protect" people with developmental disabilities from bad news. This is based on the idea that they won't understand, that it will upset them, or even more troubling, that they don't experience grief (2, 3). As many of us in the CLS have experienced, of course people with developmental disabilities do understand when someone who used to be in their life has gone, of course this is upsetting and, according to L'Arche, not

only do these folks experience grief, they may have something to teach the wider community about grieving (4). This is not to say that support workers and families do not have an important role to play in supporting people during times of loss.

In Grieving in the context of a community of differently-abled people: The experience of L'Arche Daybreak, author, Jane Powell makes several recommendations for helping people who are facing illness and death. She divides the process into three stages: anticipatory grief (when people are ill), intense grief, and bereavement. She suggests that the more attention we pay to the first stage of preparing people for death, the more smoothly the time of bereave-

ment is likely to be. Below I have listed several of her recommendations, word for word. For the sake of space I have only included the headings, there is a link to the full document at the end of this article.

### **What can we do before a death occurs?**

- create a support group of people who are older or ill
- undertake life review and life story work
- find ways for people to help their dying friend or relative
- help those who will be facing a loss to visit the ill person in hospital, hospice or home
- engage people to help plan the funeral or celebration of life
- encourage conversations about people who have died and about feelings
- help people to say goodbye when death is imminent

### **What might be helpful at time of death?**

- share the news fully and clearly
- gather together soon after a death, ask and answer questions, share feelings, share memories, embrace one another
- help those who are grieving to be involved in the rituals
- be with one another, sit quietly, cry together

### **How can we support one another after someone has died?**

- visit the grave and celebrate anniversaries
- give permission to grieve, display pictures, invite conversation, make time and space to share feelings
- name the gifts and also the difficult realities of the person who has died, in this way we move realistically toward gratitude for their life

Grief is an expression of the love and affection that we have for one another and, while it can be heartbreaking and traumatic, and it can also be transformative. Just as we support individuals at times of loss, they support us through their

willingness to express their feelings openly. When Patty, Gail's housemate, suggested that Gail would not have died if I had taken better care of her, I knew this wasn't true from a medical perspective, but it did touch me in a deep way. I suddenly recognized that I did have my own grief around Gail's failing health and my inability to stop the inevitable progression of her disease. Patty's comment helped to bring my feelings of helplessness into the open where I could heal them, rather than having them buried in a way that interfered with my ability to enjoy memories of Gail. It is so important to take the time and make the space to encourage and express feelings of sadness, loss and gratitude for the lives of people who have died. I encourage you to practice talking about death and dying by opening conversations with your friends, family and teams. A way to begin might be to ask: "What words would you use to describe a "good" death?" or "What would you like me to remember about you?" Prepare yourself for a lively conversation about death.

Pamela Cambazio has been the Coordinator at Yukon House since 2008, and she is also a hospice volunteer for Providence Health. She will be presenting a workshop called *The Death Café*, at the Inclusion BC conference in May 2015.

#### Footnotes

1 <http://www.aging-and-disability.org/en/grieving>

2 McEvoy, J., Guerin, S., Dodd, P. & Hillery, J. (2010). Supporting Adults with an Intellectual Disability During Experiences of Loss and Bereavement: Staff Views, Experiences and Suggestions for Training. *Journal of Applied Research in Intellectual Disabilities* 23, pp. 585 - 596

3 Brickell, C. & Munir, K. (2008). Grief and its complications in individuals with intellectual disabilities. *Harv Rev Psychiatry*. 2008 ; 16(1): 1-12. doi:10.1080/10673220801929786

4 Powell, J. (2000). Grieving in the context of a community of differently-abled people: The experience of L'Arche Daybreak. In Eds. G.R. Cox, R. A. Bendiksen & R. G. Stevenson. *Complicated Grieving and Bereavement: Understanding and treating people experiencing loss*. Baywood Publishing Company, Amityville NY Retrieved from [http://www.aging-and-disability.org/documents/grieving\\_in\\_the\\_context\\_of\\_a\\_community\\_of\\_differently-abled\\_people.pdf](http://www.aging-and-disability.org/documents/grieving_in_the_context_of_a_community_of_differently-abled_people.pdf)



## Are You a CLS Family Member?

Feel free to connect with the CLS Family Support Worker, Azadeh (As-a-day) Miley by phone at 778-989-3144 or by email [amiley@communitylivingsociety.ca](mailto:amiley@communitylivingsociety.ca)

## Culture and Diversity

# Happy Belated New Year

*"When you do things from your soul,  
you feel a river moving in you, a joy."  
- Rumi*

One of our largest supported populations is the Iranian culture. We spoke to a couple of staff to find out a bit more about their culture and here's what we found:

**Q: What might be important for others to know about the Iranian / Persian culture?**

A: The language of Iran, (former Persia) is Farsi, and the most common greeting is Salaam (Peace). The religion of Iran is Islam.

Iranians are generally very friendly people and excellent hosts. When you are invited into our homes you will be greeted with warmth and smiles and are sure to receive the best food and drinks. Food is at the center of most of our gatherings with a variety of dishes that are served in vast amounts. Often there is music involved and at some point everyone from young to old will start dancing together in the living room.

Iranians are very polite and friendly towards other people.

**Q: What is a common celebration in your culture?**

A: Our most important celebration is Norooz, which is our Persian New Year. It takes place at the exact same time as the beginning of spring, usually around March 21st. Traditionally we arrange a display that consists of seven items that start with the letter 'S' called "Haft Sin". While they start with different letters in English, in Farsi (which is the name of our language) they include apples, coins, different spices, garlic, sprouted grains, and vinegar to name a few.

**Q: Do you have a favorite food, is it representative of anything?**

A: One of the most common Persian foods is bbq'd lamb,



beef and chicken kebabs and tomatoes served on saffron basmati rice. As mentioned Iranians are known for their hospitality and inviting people into their homes and serving food, pastry and tea.

**Q: Is there something about the communication style that you think is important for others to know, especially when working with others?**

A: As said earlier, Persians are very polite people. In their communication the most prevalent intention is to be respectful, especially towards elders. This may result in not always being as direct. However, it also helps to save face and to not hurt anyone's feelings.

Interactions between males and females are not done as liberally and freely as Canadians are used to – this is something to take note of.

**Other comments about the Iranian culture.**

Family and Community are very important to Iranians.

Persians are from Iran, and can therefore also be called Iranians. Persia refers to our ancient empire and reflects the beauty of our culture, knowledge and heritage before it got converted to Islam. Most of our population is divided into deeply religious people who believe in fundamentalism and Islam, and deeply cultural people who believe in our ancient heritage and knowledge including art, music, and poetry. Famous poets whose works have been translated into English include Hafiz and Rumi.

*by Azadeh Miley – CLS Family Support Worker and  
Ahmad Shahlounezhad – Coordinator*

## Family Café

The Family Café opened at CLS's Administration Centre on January 9th! Come and enjoy some coffee, cookies and some fun and interesting conversation.

"Café offers families the opportunity to connect"

Upcoming dates for the Family Café will be at the CLS Administration Centre

**June 12th from 1:00 – 3:00**

Parking is available on the street as well as at the Anvil Convention Centre across the street and Sky Train is a few blocks away.

For more information, contact:  
familycafe2015@gmail.com or 604 598-0257



## Annual AGM

June 24, 2015  
CLS Administration Centre

## Summer Picnic

July 4, 2015  
Lower Hume Park, New Westminster

## Individualized Supports

We strive in Individualized Supports to get everyone involved in their community, to have the best quality of life possible. Do you have a vision for a great life in your community that is unique and focused on your own personal interests? Exploring employment, hobbies, social gatherings; the options are as numerous as the ideas.



**Left:** Vivian has been working hard doing home life skills and becoming a master chef. Yum looks delicious!!

**Right:** Riley who enjoys going to the parks in her community and feeding the birds on sunny days.

If you have anything you would like to share for Individualized Supports or you are interested in learning more about our program please contact Amanda Peacock

[apeacecock@communitylivingsociety.ca](mailto:apeacecock@communitylivingsociety.ca)



## Sophie's Cookies



Lisa (picture above) would like to share with you her business that she created, Sophie's cookies.

Lisa is selling dog treats!

She makes them by hand and they are healthy, natural and yummy!

Doggies have a choice of peanut butter or cheesy.

*\$3.00 for ten cookies*

Please email Lisa at [sophiescookies90@hotmail.com](mailto:sophiescookies90@hotmail.com)

Thank you for your support!

I regularly read through the original documentation and proposals from the Woodlands Parents Group to do a self-check as to how far things have come, where we are today and what the families would want us as a Society to continue to strive towards for the future of not just their sons or daughters, sisters and brothers, but for those of any parent / family member who has a child with a developmental disability right now, today – we must keep evolving our person-centered practices.

Consciousness is the word that came to mind as I read and re-read the title “Development of a Comprehensive Community-Based System of Service as an Alternative to Woodlands”

I thought an *Alternative*... they had to write a proposal for a choice, an option...because there wasn't one.

This is from the introduction:

“We cannot accept institutionalization. We propose a concept which has as its focus the following goal:

*A system of comprehensive community-based services which promotes the on-going development of the handicapped person regardless of age or severity of disability.”*

Presentation to: The Minister of Human Resources by the Woodlands Parents Group February 1977

## Employee Awards Gala - March 3rd



A beautiful evening that is still being talked about by those in attendance, an evening of advocacy, humor, heartfelt thanks, inspiration and of course celebration!

This year we were privileged to have special guest speaker Paul Caune, Executive Director at Civil Rights Now! to not just give thanks and share congratulations for service, but to take the opportunity to educate those in attendance about history, about true freedom and democracy, and demonstrate firsthand what true advocacy is about. Paul closed his presentation with this: “When you, the CLS employees being honoured tonight, are asked what is your job?, please do not reply in the stale words of bureaucratic jargon. Don't say: “I support inclusion” or “self-determination” or “autonomy.” Instead say: “I help make it possible for some Canadians to be free. And when people are free, they can live with dignity.”

Our family presenter was Lucille Ayers, mother to David who lives in his own apartment, supported by the CLS. Lucille is also a presenter at our Day 1 Way of Thinking staff training sessions, and a resilient advocate for her family members. Lucille's presentation touched our hearts as she spoke of fears, challenges, joys, success and the growth her son has experienced over the many years with the CLS. Lucille shared her family's journey as she called it and thanked the celebrants for their loyalty and service. Lucille wants us to remember: “You know, each one of you brought a special talent with you on that first day..., that unique something

that made you stand apart from the rest..., and I hope you've shared that talent with all those you support.”

With tears Lucielle shared that... “Someone even taught him the value of a hug...I'll never forget the day he came home and asked if I needed a hug. This, from my child with autism who shunned most bodily contact his whole life. OMG! Susan, you're a miracle worker.” In closing... “I want you to be proud of your profession and proud of the Community Living Society...and I want you to continue your journey by inspiring others along the way.”

There were many celebrants who took the opportunity to say a few words, some short and sweet, others more detailed and energizing, however, most held the common theme of gratefulness to the CLS, a strong sense of family and community, being proud and having a profound connection with the people they support and the work that they do. One employee (Gary Lauder – WOC / Paisley) had this to share: “I believe the connection to my clients is a direct result of this type of growth and the sole reason I have been able to withstand the rigors of this job with a joyful heart. To grow in compassion is truly a blessing that serving my 'clients' has brought to my life.”

**The Woodlands Parents Group Award** was presented by CLS Family members Jackie Maniago and Harvey and Arlette Blondeau. The Woodlands Parents Group Award is awarded perpetually to someone who demonstrates a sincere motivation towards Vision, Courage, and

Creativity in their approaches to support and thinks consistently outside the conventional mindset to get things achieved for an individual or group. This year's nominees included:

- Tara Skerratt
- Charlotte Casson
- Max Sumner
- Dee Blackmore
- Inthirani Arul



This very special award was presented to Tara Skerratt, 10 year employee of the CLS and community living counsellor for the supported Individuals living at Duthie. Tara was deeply touched by the award and gave a heartfelt acceptance which included her Coordinator, Mother and the people she supports. Congratulations Tara!

**The Community Integration and Inclusion Award** was presented by our Executive Director Ross Chilton. This award is presented to someone who demonstrates through determination, perseverance and passion, success in achieving a community inclusion and integration goal for an individual or group. This year the nominees for this award were:

- Rani Marwa
- Tyler Vittie



We proudly honoured this year recipient Tyler Vittie, Coordinator at Greg's home. Tyler spoke from his heart and passionately shared how his own life experiences drive him to support Greg to have as fully inclusive life as possible, to ensure his rights are honoured and to continuously work towards supporting Greg to achieve his hopes, dreams, wants and needs. Tyler thanked Greg, his team, the CLS and many of his peer role models, as well as his wife for his on-going strength and determination. Congratulations Tyler!

All photos from this evening can be viewed in the Sharevision photo gallery.

## Recipe - by Chris Bulfon and Mark Embacher



### Sweet Chilli Chicken Lettuce Wraps

For some folks with dysphagia bread can be difficult to eat. It can dry out food and even when minced it can reform in the mouth, becoming difficult to swallow. The problem is that bread seems to be everywhere. It's on our burgers, wrapped around our hot dogs and surrounds the meat on our sandwiches and gyro's. But what if you could have all the taste of a great sandwich without the bread. That's where lettuce wraps come in.

I got the idea for this lettuce wrap from tasting a local restaurant's Asian lettuce Wrap. It has a tangy flavor with a bit of spiciness. I used chicken thighs as they maintain their moisture and are easier to swallow. I added zucchini to add a little more moisture to the recipe, you can reduce this or increase it, depending on your preference.

The instructions are simple. Cut the nub off the head of lettuce then pull the leaves off the head you will use as the wraps. Heat and season your pan or wok with vegetable oil and salt and pepper. Once hot add your chicken, red peppers and carrots to the heated pan. Mix it around a few times. Once the chicken browns add the zucchini and sweet chilli sauce. Continue to stirfry until the chicken is fully cooked. Add the mixture to the inside of your lettuce leaves. Wrap up and enjoy.

#### Sweet Chilli Sauce:

4 Boneless skinless chicken thighs - cut into strips  
1 red pepper - sliced  
½ cup diced zucchini  
½ cup diced carrots  
1 Head of iceberg lettuce  
2 tbs vegetable oil  
Salt and pepper or other spices

Chris's Rating out of 5

Visual: 4 Texture: 3 Taste: 5  
Overall Rating: 4



## SUMMER PICNIC

You are Invited  
for some great  
food and fun

JULY 4th  
12 pm to 4pm

Lower Hume Park  
corner of East Columbia and Hume Park Road, New Westminster

BBQ - 12pm to 3pm  
Face Painting  
Races & Games  
Bouncy Castle  
Game Wheel  
Door Prizes  
Photo Booth  
50/50 Draw  
Music



R.S.V.P

by June 26, 2015

[clsevents@communitylivingsociety.ca](mailto:clsevents@communitylivingsociety.ca)  
or  
phone Vicky at 604.517.2033

Note: Please let us know how many people  
will be in your group



# CONGRATULATIONS

## Congratulations to the following new or newly promoted CLS employees

Carl Danroth, Coordinator - Eastlawn  
Gordon Rea - IS Recruiter  
Jenn Hart, Assistant Coordinator - SAC  
Lori Fields, Coordinator - Newmarket  
Hayley Yuill, Assistant Coordinator - WOC  
Jennifer Lo - Employee Services Recruiter  
Dale Eady - Assistant Coordinator - Sidley

Congratulations to Ginny Lord and her husband Jim on the birth of their TWINS. Her twins arrived March 30, 2015 - Jake William Ronald Tait born at 6:45pm 4.4lbs and Thea Jacqueline Hope Tait born at 7:25pm at 4.5lbs.



## Contest

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Congratulations to J.D who is supported at the SAC for guessing 3 of 5 of our "Guess Who" people in the last *Communicator*. J.D. has won a \$25 gift card and she chose Tim Hortons! Way to go J.D.!!

Twin 1 and 2 are Carl Danroth and Max Sumner - CORRECT!

### Halloween 2014

- Munira Vahanvaty- that would be funny - it's actually Gillian Rhodes!
- Sue Daspe - YES indeed!
- Ross Chilton- now that I'd like to see - it's actually Carl Danroth!

Congratulations to Laura Pederson, she has won the prize draw for entering her article on Rights and Choice! Laura has won a \$25 gift card of her choice!

### Next Contest:

How many words can you get by using the letters - **COMMUNITY LIVING SOCIETY**

Send entries to Roxanne by June 15th to win [rwiseman@communitylivingsociety.ca](mailto:rwiseman@communitylivingsociety.ca) and you could win!

For the next edition of *The Communicator* we are asking you to share with us how you and your team build positive relationships with external or multiple agencies, i.e. home share providers or contractors, external vocational supports personnel, running a program out of another agencies location, etc. Send your submission to [rwiseman@communitylivingsociety.ca](mailto:rwiseman@communitylivingsociety.ca) by June 15th for your chance to win a \$25 gift card of your choice.



# May and June Birthdays

**The following individuals who receive support from the CLS celebrate their birthday in May and June**

Janice Wheatcroft	May 1	Jason Gill	May 17	Peter Watson	June 8
Lorraine Schreiber	May 1	Melissa Anjos	May 18	Barb Chatten	June 9
Tara Huguet	May 2	Mary Glendale	May 18	Hugo Faragher	June 11
Ashleigh Davies	May 3	Kyra Jandrew	May 19	Jaspreet Sidhu	June 13
Kelsey Kubota	May 5	Christine Lauzon	May 20	Gary Spalding	June 13
Mee Yung Man	May 7	Linda Raudonus	May 20	Shawna Suel	June 15
Robert Thow	May 8	Richard Corbett	May 22	Derek Paciejewski	June 17
Heidi Delzer	May 8	Bruce Howard	May 22	Charles Wu	June 15
Janelle Barth	May 9	David Blaney	May 26	Rochelle Paquin	June 17
Ed Strelek	May 10	Anthony White	May 27	Ted Jim	June 22
Brett Sibilleau	May 11	Greg Winlaw	May 28	Patricia Lazaruk	June 24
Grant Taylor	May 13	Raymond Nelson	May 31	Devon Aslin-West	June 25
Ricki Ainsworth	May 14	Ernest Stephen	May 31	Joshua Moores	June 25
Tadashi Mizumoto	May 14	James MacInnes	June 1	Teresa Taylor	June 25
Fayanne Kato	May 16	Dene Rosang	June 4	Stephen Kamm	June 29

**Congratulations to these employees who have now been with the CLS for five years or more as of May and June 2015**

## **5 - 10** Years

Wendy Black	5
Harjit Bahia	5
Katherine Goss	5
Jennifer Hart	6
Terry Greenwood	7
Gail Nichols	7
Alan James	7
John Davidson	7
Leilani Mapanao	7
Dawn Berryman	7
Simi Bate	8
Jared Gillard	8
Janet Maure	8
Shu-Chi Wang	8
Patricia Rhone	8
Bel Acero	8
Comfort Coker	9
Natalie Philp	9
Chris Hopkinson	10
Dominique Gard	10

## **11 - 20** Years

Michelle Wilson	13
Evelyn Tunac	14
Yvonne Fraser	15
Kelly Hooper	15
Dee Blackmore	15
Alex Slomczynski	16
Mobina Ali	16
Jackie Farmer	16
Kulwant Sidhu	17
Carl Danroth	18
Colin Cook	19
Wennie Tabobo	20
Dawn Mahovlich	20
Paul Whitehead	20

## **Over 20** Years

Patricia Powell	21
Delia Fabros	22
Gregory Joiner	22
Connie Lumayag	23
Derek Mcqueen	23
Daniel Watson	23
Teena Shaw	24
Elke Tilgner	25